

A FREE SANZONE HOUSE MINI RESET

The Gentle 10-Minute Home Reset

Restore one functional space — without deep-cleaning, shame, or perfection.

Before you begin:

Choose one space causing friction. Set a timer for 10 minutes. Stop when it ends.

1

Collect obvious trash

Only what you can see and reach safely.

2

Gather dishes

Bring them to the sink or dishwasher; washing is optional.

3

Clear walking paths

Move anything that makes the space harder or less safe to use.

4

Use a basket for misplaced items

Contain them now. Returning each item can wait.

5

Restore one functional surface

Choose a counter, table, chair, or bedside area.

6

Address one sanitation need

Wipe one high-use surface, empty trash, or clear the sink.

WHEN THE TIMER ENDS

Stop.

Notice what works better now.

Useful and repeatable matters more than perfect. One small step is enough for today.

Want a calmer plan for the rest of the home?

The complete Weekly Home Reset includes 13 low-ink pages with flexible room-by-room guidance.

EXPLORE THE COMPLETE 13-PAGE RESET

SanzoneHouse.com

For personal use. Adapt, skip, or repeat any step that helps.

SANZONE HOUSE
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